

How much do you know about electronic cigarettes?

- The use of electronic cigarettes is drastically increasing in the United States.
- Electronic cigarettes are the most common substance smoked by middle and high school students.



- Electronic cigarettes contain substances known to cause cancer and the long term health risks of using them are unknown.
- Electronic cigarettes can contain 20 times more nicotine than traditional cigarettes and lead to tobacco addiction in people who do not smoke or who have already quit smoking.

**If you do not smoke do not begin smoking electronic cigarettes.
If you need help to quit smoking talk to your health care provider.**



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Additional information may
be found at the American
Thoracic Society website:
<http://bit.ly/22LDBnA>

